

Spinal Decompression

Services Offered

Spinal Examination
Spinal Adjustments
X-Rays When necessary
Spinal Decompression
Massage Therapy
Stim

Cryotherapy
Nutritional Counseling
Standard Process
&
Vibrant Health Supplements
Custom Orthotics

Coming Soon...

Endermologie

Spinalhealth & Healing

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Chiropractic... it's about Your

Life



Changing the World One Spine at a Time.





Our Philosophy

The philosophy of Spinalhealth & Healing is to help people where they're at., Quickly alleviate their symptoms and get them feeling better and back to their everyday lives.

Our purpose at Spinalhealth & Healing is to have a lasting effect on your quality of life. We do this through a holistic approach of teaching Neuro Reduction, nutritional balance -through proper diet and exercise, life styles and the promotion of overall well-being.

We take the time to listen to our patients and understand their health concerns. We work on a treatment plan that will improve overall health and increase lasting quality of life.

The Chiropractic Approach

Chiropractic Care is a different approach to health care. We do not believe that health is a result of effectively treating disease. Dr. Miller's approach is to focus on health and on helping you as a person to reach your potential in every area of life. This is done by keeping the nervous system as clear of interference as possible so the body can operate better, naturally. This is a more cost-effective and logical approach than treating disease.

Why Regular Adjustments are Necessary

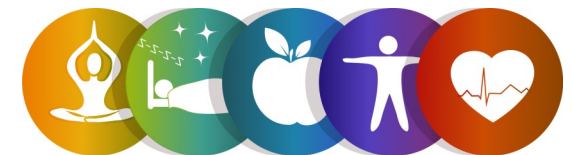
Common sense tells us that to maintain health and live longer, more productive lives, we must do some things regularly and consistently. To be healthy , you must make healthy choices each day. Good Health cannot come from a pill but through the reinforcement of consciously replacing the old habits with new healthy habits. It takes more time and effort to make these healthy habits last. Regular Chiropractic care takes some time, effort and expense. But in the long run, getting sick, decreases your productivity and enjoyment of life is much more costly.

Chiropractic adjustments should be part of everyone's regular health maintenance plan. Because our spines encounter stresses on a daily basis they are prone to misalign frequently. This causes the body to work at less than optimum potential and maximum efficiency. Over time these ill effects can cause permanent damage.

Chiropractic Care For Everyone

Who Benefits?

Children
Pregnant Mothers
Seniors
Auto Accident Victims/Drivers
Professionals
Laborers
Students
Parents



Building Better Life Styles